

# SAFETY DATA SHEET

MUCINEX® NIGHTSHIFT - SINUS Clear &amp; Cool



HEALTH • HYGIENE • HOME

## 1. Product and company identification

**Product name** : MUCINEX® NIGHTSHIFT - SINUS Clear & Cool

**Distributed by** : RB Health (US) LLC  
Morris Corporate Center IV  
399 Interpace Parkway (P.O. Box 225)  
Parsippany, New Jersey 07054-0225  
+1 973 404 2600

**Emergency telephone number (Medical)** : 1-800-338-6167

**Emergency telephone number (Transport)** : 1-800-424-9300 (U.S. & Canada) CHEMTREC  
Outside U.S. and Canada (North America), call Chemtrec:703-527-3887

**Website:** : <http://www.rbnainfo.com>

This SDS is designed for workplace employees, emergency personnel and for other conditions and situations where there is greater potential for large-scale or prolonged exposure, in accordance with the requirements of USDOL Occupational Safety and Health Administration.

This SDS is not applicable for consumer use of our products. For consumer use, all precautionary and first aid language is provided on the product label in accordance with the applicable government regulations, and shown in Section 15 of this SDS.

**SDS #** : D8064053 v11.0

**Formulation #:** : FF3075663 v1.0

### Relevant identified uses of the substance or mixture and uses advised against

Not applicable.

## 2. Hazards identification

**Classification of the substance or mixture** : Not classified.

Percentage of the mixture consisting of ingredient(s) of unknown dermal toxicity: 30.7%  
Percentage of the mixture consisting of ingredient(s) of unknown inhalation toxicity: 58%

### GHS label elements

**Hazard pictograms** : Not applicable.

**Signal word** : No signal word.

**Hazard statements** : No known significant effects or critical hazards.

### Precautionary statements

**Code #** : FF3075663  
(D8064053)\_US

**SDS #** : D8064053 v11.0

**Date of issue** : 10/04/2019

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## 2. Hazards identification

<b>General</b>	: Read label before use. Keep out of reach of children. If medical advice is needed, have product container or label at hand.
<b>Prevention</b>	: Not applicable.
<b>Response</b>	: Not applicable.
<b>Storage</b>	: Not applicable.
<b>Disposal</b>	: Not applicable.
<b>Supplemental label elements</b>	: None known.
<b>Hazards not otherwise classified</b>	: None known.

## 3. Composition/information on ingredients

**Substance/mixture** : Mixture

Ingredient name	%	CAS number
glycerol	15 - 20	56-81-5
paracetamol	2 - 5	103-90-2
Dextromethorphan Hydrobromide	< 0.1	6700-34-1
phenylephrine hydrochloride	< 0.1	61-76-7

Any concentration shown as a range is to protect confidentiality or is due to batch variation.

**There are no additional ingredients present which, within the current knowledge of the supplier and in the concentrations applicable, are classified as hazardous to health or the environment and hence require reporting in this section.**

## 4. First aid measures

### Description of necessary first aid measures

<b>Eye contact</b>	: Immediately flush eyes with plenty of water, occasionally lifting the upper and lower eyelids. Check for and remove any contact lenses. Get medical attention if irritation occurs.
<b>Inhalation</b>	: Remove victim to fresh air and keep at rest in a position comfortable for breathing. Get medical attention if symptoms occur. In case of inhalation of decomposition products in a fire, symptoms may be delayed. The exposed person may need to be kept under medical surveillance for 48 hours.
<b>Skin contact</b>	: Flush contaminated skin with plenty of water. Remove contaminated clothing and shoes. Get medical attention if symptoms occur.
<b>Ingestion</b>	: Wash out mouth with water. Remove victim to fresh air and keep at rest in a position comfortable for breathing. If material has been swallowed and the exposed person is conscious, give small quantities of water to drink. Do not induce vomiting unless directed to do so by medical personnel. Get medical attention if symptoms occur.

### Most important symptoms/effects, acute and delayed

#### Potential acute health effects

<b>Eye contact</b>	: May cause eye irritation upon direct contact with eyes.
<b>Inhalation</b>	: No known significant effects or critical hazards.
<b>Skin contact</b>	: No known significant effects or critical hazards.
<b>Ingestion</b>	: No known significant effects or critical hazards.

#### Over-exposure signs/symptoms

<b>Eye contact</b>	: No specific data.
<b>Inhalation</b>	: No specific data.

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## 4. First aid measures

- Skin contact** : No specific data.  
**Ingestion** : No specific data.

### Indication of immediate medical attention and special treatment needed, if necessary

- Notes to physician** : In case of inhalation of decomposition products in a fire, symptoms may be delayed. The exposed person may need to be kept under medical surveillance for 48 hours.  
**Specific treatments** : No specific treatment.  
**Protection of first-aiders** : No action shall be taken involving any personal risk or without suitable training.

See toxicological information (Section 11)

## 5. Fire-fighting measures

### Extinguishing media

- Suitable extinguishing media** : Use an extinguishing agent suitable for the surrounding fire.  
**Unsuitable extinguishing media** : None known.

**Specific hazards arising from the chemical** : No specific fire or explosion hazard.

**Hazardous thermal decomposition products** : No specific data.

**Special protective actions for fire-fighters** : Promptly isolate the scene by removing all persons from the vicinity of the incident if there is a fire. No action shall be taken involving any personal risk or without suitable training.

**Special protective equipment for fire-fighters** : Fire-fighters should wear appropriate protective equipment and self-contained breathing apparatus (SCBA) with a full face-piece operated in positive pressure mode.

## 6. Accidental release measures

### Personal precautions, protective equipment and emergency procedures

- For non-emergency personnel** : No action shall be taken involving any personal risk or without suitable training. Evacuate surrounding areas. Keep unnecessary and unprotected personnel from entering. Do not touch or walk through spilled material. Put on appropriate personal protective equipment.  
**For emergency responders** : If specialized clothing is required to deal with the spillage, take note of any information in Section 8 on suitable and unsuitable materials. See also the information in "For non-emergency personnel".

**Environmental precautions** : Avoid dispersal of spilled material and runoff and contact with soil, waterways, drains and sewers. Inform the relevant authorities if the product has caused environmental pollution (sewers, waterways, soil or air).

### Methods and materials for containment and cleaning up

- Small spill** : Stop leak if without risk. Move containers from spill area. Dilute with water and mop up if water-soluble. Alternatively, or if water-insoluble, absorb with an inert dry material and place in an appropriate waste disposal container. Dispose of via a licensed waste disposal contractor.

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## 6. Accidental release measures

- Large spill** : Stop leak if without risk. Move containers from spill area. Prevent entry into sewers, water courses, basements or confined areas. Wash spillages into an effluent treatment plant or proceed as follows. Contain and collect spillage with non-combustible, absorbent material e.g. sand, earth, vermiculite or diatomaceous earth and place in container for disposal according to local regulations (see Section 13). Dispose of via a licensed waste disposal contractor. Note: see Section 1 for emergency contact information and Section 13 for waste disposal.

## 7. Handling and storage

### Precautions for safe handling

- Protective measures** : Put on appropriate personal protective equipment (see Section 8).

- Conditions for safe storage, including any incompatibilities** : Store between the following temperatures: -20 to 25°C (-4 to 77°F). Store in accordance with local regulations. Store in original container protected from direct sunlight in a dry, cool and well-ventilated area, away from incompatible materials (see Section 10) and food and drink. Keep container tightly closed and sealed until ready for use. Containers that have been opened must be carefully resealed and kept upright to prevent leakage. Do not store in unlabeled containers. Use appropriate containment to avoid environmental contamination.

## 8. Exposure controls/personal protection

### Control

#### Occupational exposure limits

Ingredient name	Exposure limits
glycerol	<p><b>OSHA PEL 1989 (United States, 3/1989).</b> TWA: 5 mg/m<sup>3</sup> 8 hours. Form: Respirable fraction</p> <p>TWA: 10 mg/m<sup>3</sup> 8 hours. Form: Total dust</p> <p><b>OSHA PEL (United States, 5/2018).</b> TWA: 5 mg/m<sup>3</sup> 8 hours. Form: Respirable fraction</p> <p>TWA: 15 mg/m<sup>3</sup> 8 hours. Form: Total dust</p>

- Appropriate engineering controls** : Good general ventilation should be sufficient to control worker exposure to airborne contaminants.
- Environmental exposure controls** : Emissions from ventilation or work process equipment should be checked to ensure they comply with the requirements of environmental protection legislation. In some cases, fume scrubbers, filters or engineering modifications to the process equipment will be necessary to reduce emissions to acceptable levels.

### Individual protection measures

- Hygiene measures** : Wash hands, forearms and face thoroughly after handling chemical products, before eating, smoking and using the lavatory and at the end of the working period. Appropriate techniques should be used to remove potentially contaminated clothing. Wash contaminated clothing before reusing. Ensure that eyewash stations and safety showers are close to the workstation location.
- Eye/face protection** : Safety eyewear complying with an approved standard should be used when a risk assessment indicates this is necessary to avoid exposure to liquid splashes, mists, gases or dusts. If contact is possible, the following protection should be worn, unless the assessment indicates a higher degree of protection: safety glasses with side-shields.

### Skin protection

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## 8. Exposure controls/personal protection

- Hand protection** : Chemical-resistant, impervious gloves complying with an approved standard should be worn at all times when handling chemical products if a risk assessment indicates this is necessary.
- Body protection** : Personal protective equipment for the body should be selected based on the task being performed and the risks involved and should be approved by a specialist before handling this product.
- Other skin protection** : Appropriate footwear and any additional skin protection measures should be selected based on the task being performed and the risks involved and should be approved by a specialist before handling this product.
- Respiratory protection** : Based on the hazard and potential for exposure, select a respirator that meets the appropriate standard or certification. Respirators must be used according to a respiratory protection program to ensure proper fitting, training, and other important aspects of use.

## 9. Physical and chemical properties

### Appearance

- Physical state** : Liquid.
- Color** : Blue.
- Odor** : Fruity.
- Odor threshold** : Not available.
- pH** : Not available.
- Melting point** : Not available.
- Boiling point** : Not available.
- Flash point** : Not available.
- Evaporation rate** : Not available.
- Flammability (solid, gas)** : Not available.
- Lower and upper explosive (flammable) limits** : Not available.
- Vapor pressure** : Not available.
- Vapor density** : Not available.
- Relative density** : Not available.
- Solubility** : Easily soluble in the following materials: cold water and hot water.
- Partition coefficient: n-octanol/water** : Not available.
- Auto-ignition temperature** : Not available.
- Decomposition temperature** : Not available.
- Viscosity** : Not available.
- Flow time (ISO 2431)** : Not available.

## 10. Stability and reactivity

- Reactivity** : No specific test data related to reactivity available for this product or its ingredients.
- Chemical stability** : The product is stable.
- Possibility of hazardous reactions** : Under normal conditions of storage and use, hazardous reactions will not occur.
- Conditions to avoid** : No specific data.
- Incompatible materials** : No specific data.

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## 10. Stability and reactivity

**Hazardous decomposition products** : Under normal conditions of storage and use, hazardous decomposition products should not be produced.

## 11. Toxicological information

### Information on toxicological effects

#### Acute toxicity

Product/ingredient name	Result	Species	Dose	Exposure
glycerol	LD50 Oral	Rat	12600 mg/kg	-
paracetamol	LD50 Oral	Rat	1944 mg/kg	-
phenylephrine hydrochloride	LD50 Oral	Rat	350 mg/kg	-

**Conclusion/Summary** : Based on available data, the classification criteria are not met.

#### Irritation/Corrosion

Not available.

#### Conclusion/Summary

- Skin** : No known significant effects or critical hazards.  
**Eyes** : May cause eye irritation upon direct contact with eyes.  
**Respiratory** : No known significant effects or critical hazards.

#### Sensitization

Not available.

#### Conclusion/Summary

- Skin** : No known significant effects or critical hazards.  
**Respiratory** : No known significant effects or critical hazards.

#### Mutagenicity

Not available.

#### Conclusion/Summary

: No known significant effects or critical hazards.

#### Carcinogenicity

Not available.

#### Conclusion/Summary

: No known significant effects or critical hazards.

#### Classification

Product/ingredient name	OSHA	IARC	NTP
paracetamol	-	3	-

#### Reproductive toxicity

Not available.

#### Conclusion/Summary

: No known significant effects or critical hazards.

#### Teratogenicity

Not available.

#### Conclusion/Summary

: No known significant effects or critical hazards.

#### Specific target organ toxicity (single exposure)

Not available.

#### Specific target organ toxicity (repeated exposure)

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## 11. Toxicological information

Not available.

### Aspiration hazard

Not available.

**Information on the likely routes of exposure** : Not available.

### Potential acute health effects

- Eye contact** : May cause eye irritation upon direct contact with eyes.
- Inhalation** : No known significant effects or critical hazards.
- Skin contact** : No known significant effects or critical hazards.
- Ingestion** : No known significant effects or critical hazards.

### Symptoms related to the physical, chemical and toxicological characteristics

- Eye contact** : No specific data.
- Inhalation** : No specific data.
- Skin contact** : No specific data.
- Ingestion** : No specific data.

### Delayed and immediate effects and also chronic effects from short and long term exposure

#### Short term exposure

- Potential immediate effects** : Not available.
- Potential delayed effects** : Not available.

#### Long term exposure

- Potential immediate effects** : Not available.
- Potential delayed effects** : Not available.

### Potential chronic health effects

Not available.

- Conclusion/Summary** : No known significant effects or critical hazards.
- General** : No known significant effects or critical hazards.
- Carcinogenicity** : No known significant effects or critical hazards.
- Mutagenicity** : No known significant effects or critical hazards.
- Teratogenicity** : No known significant effects or critical hazards.
- Developmental effects** : No known significant effects or critical hazards.
- Fertility effects** : No known significant effects or critical hazards.

### Numerical measures of toxicity

#### Acute toxicity estimates

<b>Route</b>	<b>ATE value</b>
Oral	65796.8 mg/kg

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## 11. Toxicological information

## 12. Ecological information

### Toxicity

Product/ingredient name	Result	Species	Exposure
glycerol	Acute LC50 10000 mg/l Fresh water	Daphnia	24 hours
paracetamol	Acute LC50 5000 mg/l Fresh water	Fish	24 hours
	Acute EC50 56.34 mg/l Fresh water	Crustaceans - Moina macrocopa	48 hours
	Acute EC50 4.8 mg/l Fresh water	Daphnia - Daphnia magna - Neonate	48 hours
	Acute LC50 814000 µg/l Fresh water	Fish - Pimephales promelas	96 hours
	Chronic NOEC 5.72 mg/l Fresh water	Daphnia - Daphnia magna	21 days
	Chronic NOEC 0.61 to 1.06 µg/l Fresh water	Fish - Danio rerio - Adult	6 weeks

### Persistence and degradability

Product/ingredient name	Test	Result	Dose	Inoculum
glycerol	OECD 301D Ready Biodegradability - Closed Bottle Test	92 % - 30 days	-	-

Product/ingredient name	Aquatic half-life	Photolysis	Biodegradability
glycerol	-	-	Readily

### Bioaccumulative potential

Product/ingredient name	LogP <sub>ow</sub>	BCF	Potential
glycerol	-1.76	-	low
paracetamol	0.4	3.162	low
phenylephrine hydrochloride	-0.31	-	low

### Mobility in soil

Soil/water partition coefficient (K<sub>oc</sub>) : Not available.

Other adverse effects : No known significant effects or critical hazards.

## 13. Disposal considerations

**Disposal methods** : The generation of waste should be avoided or minimized wherever possible. Disposal of this product, solutions and any by-products should at all times comply with the requirements of environmental protection and waste disposal legislation and any regional local authority requirements. Dispose of surplus and non-recyclable products via a licensed waste disposal contractor. Waste should not be disposed of untreated to the sewer unless fully compliant with the requirements of all authorities with jurisdiction. Waste packaging should be recycled. Incineration or landfill should only be considered when recycling is not feasible. This material and its container must be disposed of in a safe way. Empty containers or liners may retain some product residues. Avoid dispersal of spilled material and runoff and contact with soil, waterways, drains and



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### 13. Disposal considerations

sewers.

### 14. Transport information

	DOT Classification	TDG Classification	IMDG	IATA
UN number	Not regulated.	Not regulated.	Not regulated.	Not regulated.
UN proper shipping name	-	-	-	-
Transport hazard class(es)	-	-	-	-
Packing group	-	-	-	-
Environmental hazards	No.	No.	No.	No.

Additional information

**Special precautions for user** : **Transport within user’s premises:** always transport in closed containers that are upright and secure. Ensure that persons transporting the product know what to do in the event of an accident or spillage.

**Transport in bulk according to Annex II of MARPOL and the IBC Code** : Not available.

### 15. Regulatory information

**U.S. Federal regulations** : **TSCA 8(a) CDR Exempt/Partial exemption:** Not determined  
**United States inventory (TSCA 8b):** All components are listed or exempted.

**Clean Air Act Section 112 (b) Hazardous Air Pollutants (HAPs)** : Not listed

**Clean Air Act Section 602 Class I Substances** : Not listed

**Clean Air Act Section 602 Class II Substances** : Not listed

**DEA List I Chemicals (Precursor Chemicals)** : Not listed

**DEA List II Chemicals (Essential Chemicals)** : Not listed

SARA 302/304

Composition/information on ingredients

No products were found.

**SARA 304 RQ** : Not applicable.

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**15. Regulatory information****SARA 311/312****Classification** : Not applicable.**Composition/information on ingredients**

Name	%	Fire hazard	Sudden release of pressure	Reactive	Immediate (acute) health hazard	Delayed (chronic) health hazard
paracetamol	2.9545	Yes.	No.	No.	Yes.	No.
phenylephrine hydrochloride	0.04545	No.	No.	No.	Yes.	No.

**State regulations**

- Massachusetts** : The following components are listed: GLYCERINE MIST
- New York** : None of the components are listed.
- New Jersey** : The following components are listed: GLYCERIN; 1,2,3-PROPANETRIOL; PROPYLENE GLYCOL; 1,2-PROPANEDIOL
- Pennsylvania** : The following components are listed: 1,2,3-PROPANETRIOL; 1,2-PROPANEDIOL

**Canada**

- WHMIS (Canada)** : Not controlled under WHMIS (Canada).
- WHMIS (Canada)** : Not regulated.
- Canadian lists**
- Canadian NPRI** : None of the components are listed.
- CEPA Toxic substances** : None of the components are listed.
- Canada inventory** : All components are listed or exempted.

**Label elements****CPSC**

- Signal word** : No specific hazard.
- Hazard statements** : Not applicable
- Precautionary measures** : Not applicable

**CCCR**

- Signal word** : No known significant effects or critical hazards.
- Hazard statements** : Not applicable  
Not applicable
- Precautionary measures** : Not applicable

**EPA**

- Signal word:** : No known significant effects or critical hazards.
- Hazard statements** : No known significant effects or critical hazards.  
No known significant effects or critical hazards.  
No known significant effects or critical hazards.  
No known significant effects or critical hazards.  
No known significant effects or critical hazards.  
No known significant effects or critical hazards.  
No known significant effects or critical hazards.
- Special Inert substance.** : No known significant effects or critical hazards.
- Precautionary measures** : No known significant effects or critical hazards.  
No known significant effects or critical hazards.
- Skin sensitizer:** : No known significant effects or critical hazards.

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## 15. Regulatory information

### Cosmetics / Medicines

**Precautionary measures** : Read label before use.  
 Avoid contact with eyes.  
 Keep out of reach of children.

### Additional information / Recommendations

**Additional information** : No known significant effects or critical hazards.

**Recommendations** : No known significant effects or critical hazards.

**Recommendations** : No known significant effects or critical hazards.

May cause transient eye discomfort upon direct contact with the eyes.

## 16. Other information

**Hazardous Material Information System (U.S.A.)** :

Health	1
Flammability	0
Physical hazards	0
Personal protection	A

Caution: HMIS® ratings are based on a 0-4 rating scale, with 0 representing minimal hazards or risks, and 4 representing significant hazards or risks. Although HMIS® ratings and the associated label are not required on MSDSs or products leaving a facility under 29 CFR 1910.1200, the preparer may choose to provide them. HMIS® ratings are to be used with a fully implemented HMIS® program. HMIS® is a registered trademark and service mark of the American Coatings Association, Inc.

The customer is responsible for determining the PPE code for this material. For more information on HMIS® Personal Protective Equipment (PPE) codes, consult the HMIS® Implementation Manual.

**National Fire Protection Association (U.S.A.)** :



**NFPA (30B) aerosol Flammability** No known significant effects or critical hazards.

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Copyright ©2001, National Fire Protection Association, Quincy, MA 02269. This warning system is intended to be interpreted and applied only by properly trained individuals to identify fire, health and reactivity hazards of chemicals. The user is referred to certain limited number of chemicals with recommended classifications in NFPA 49 and NFPA 325, which would be used as a guideline only. Whether the chemicals are classified by NFPA or not, anyone using the 704 systems to classify chemicals does so at their own risk.

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## 16. Other information

<b>Key to abbreviations</b>	: ATE = Acute Toxicity Estimate BCF = Bioconcentration Factor GHS = Globally Harmonized System of Classification and Labelling of Chemicals IATA = International Air Transport Association IBC = Intermediate Bulk Container IMDG = International Maritime Dangerous Goods LogPow = logarithm of the octanol/water partition coefficient MARPOL = International Convention for the Prevention of Pollution From Ships, 1973 as modified by the Protocol of 1978. ("Marpol" = marine pollution) UN = United Nations
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<b>Prepared by</b>	: Reckitt Benckiser India Ltd Plot No 48 Sector - 32 Institutional Area Gurgaon, Haryana India - 122001

✔ Indicates information that has changed from previously issued version.

### Notice to reader

To the best of our knowledge, the information contained herein is accurate. However, neither the above-named supplier, nor any of its subsidiaries, assumes any liability whatsoever for the accuracy or completeness of the information contained herein.

Final determination of suitability of any material is the sole responsibility of the user. All materials may present unknown hazards and should be used with caution. Although certain hazards are described herein, we cannot guarantee that these are the only hazards that exist.